

HKIAP Lectures and Seminars Series

Transference and Counter-Transference Dynamics in Analytical Psychotherapy

by Brian Feldman

Schedule:

Module 1: Feb 25-26, 2023, Sat & Sun

Module 2: Mar 4-5, 2023, Sat & Sun

Module 3: March 18-19, 2023, Sat & Sun

Part I (Lecture)*: Sat HKT 8am - 10am

Part II (Seminar)*: Sun HKT 8am - 10am

*Lectures and Seminars are open to all

Fee: (inclusive for all 3 modules)#

Lectures only:

Members rate HK\$1500

(non-members rate: HK\$2000)

Lectures + Seminars:

Members rate HK\$2000

(non-members rate: HK\$2500)

The curriculum of this series of three modules consists of in-depth theoretical seminars and clinical case presentations in lectures by the speaker and a clinical case conference involving the presentation of clinical material by the participants in seminars.

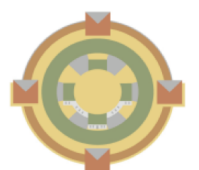
Registration:

<https://forms.gle/Ag8RiLe1SrcSTQEKA>

#You will be notified for payment after successful registration

#All fees are non-refundable

Deadline for registration: Feb 15, 2023



Modules Details:

Wholeness is the product of an intrapsychic process which depends upon the relation of one individual to another. Relationship paves the way for individuation and makes it possible.

(Jung, CW16, footnote, p.245)

Participants will be taught advanced skills in working with primitive/infantile mental states in child, adolescent and adult analytical psychotherapy. Each of the module will be comprised of sections on analytical theory as well as clinical applications and practice.

The module will focus on the following theoretical areas:

1st module: Jung's View of Transference and Counter-Transference

The first module will focus on a careful reading of Jung's 'Psychology of the Transference' and the development of the analytical attitude from a classical Jungian perspective. Jung's alchemical metaphor will be utilized to understand the nature of the analytical interaction, as well as the development of the self and individuation within the analytical temenos. Clinical material will be presented to illustrate the theoretical concepts.

Jung states that 'For two personalities to meet it is like the mixing of two different chemical substances: if there is any combination at all, both are transformed. In any effective psychological treatment, the doctor is bound to influence the patient; but this influence can only take place if the patient has a reciprocal influence on the doctor. You can exert no influence if you are not susceptible to influence.' (Jung, CW 16; par. 163)

For Jung the meaning of the analytical relationship is imbedded in the intersubjective field of the analytical relationship. In Jungian analysis one of the most important elements within the analytical dialogue is the use of the analyst's unconscious processes, reverie and countertransference. In 'The Psychology of the Transference' Jung states that the 'analysand by bringing an activated unconscious content to bear upon the doctor, constellates the corresponding unconscious material in him, owing to the inductive effect which always emanates from projections...the doctor and patient find themselves in a relationship founded on mutual unconsciousness. The unconscious 'infection' brings with it the therapeutic possibility that should not be underestimated, of the illness being transferred to the analyst (Jung, CW, 16; par. 364). Jung recognizes that the awareness of the importance of the intersubjective relationship provides the most favorable basis for the analytical treatment.

2nd module : Michael Fordham and the object relations theories of transference and counter-transference

In this module specific attention will be given to the development of the self in infancy and childhood, the origins and evolution of the capacity for thought and symbolization, and the phenomenology of internal object relations.

The module will focus on the in-depth study of the transference and counter-transference in the moment-to-moment work with regressed, narcissistic, borderline and autistic adults, children and adolescents. Focus will be placed upon the development of the analytical attitude in clinical work with primitive/infantile mental states as they emerge in analytical psychotherapy. The module will explore the use of analytic holding and containment within the analytical relationship, the development of the psychic skin as it emerges in infancy, and the impact and healing of early infantile and childhood trauma within the analytical relationship.

Readings will include the work of Fordham as well as the British analysts Winnicott and Bion and, with a view to how these seminal thinkers have impacted the field of analytical psychology. Clinical cases will be presented by the speaker and the participants will have an opportunity to present their own clinical work.

3rd module: Contemporary work with transference and counter-transference in Jungian analysis: intersubjectivity, attachment, infant observation and the psychic skin.

The philosopher Edmund Husserl originated the term intersubjectivity, and refers to it as the interchange of thoughts and feelings, at both conscious and unconscious levels of experience, between two subjects which is facilitated by empathy. Intersubjectivity implies a level of understanding that is not at first rational, but is most importantly based on pre-verbal bodily experience that generates an interactive web of shared encounters and meanings. Intersubjectivity in analysis involves a sharing of subjective experiences, the subjectivity of the analysand, the subjectivity of the analyst and the transcendent third which involves the creation of uniquely co-created meanings that arise out of our interconnected subjectivities.

The human psyche emerges out of shared psyche to psyche subjective experiences, and that intersubjectivity is the main force that leads the way towards the emergence of individuation processes. From this perspective, subjective and archetypal experiences arise out of shared intersubjective moments, as opposed to emerging in solitary isolation. The formation of a primary skin function and the development of secure attachment provide the scaffolding upon which the unfolding of both subjective and intersubjective potentials take place.

Material from infant observations conducted in different cultural contexts will be utilized through video and narrative descriptions to understand how the self, individuation and attachment processes emerge in diverse cultures. This can help us to develop a more nuanced sensitivity to our analysands from differing cultures.

The processes that involve the emergence of intersubjectivity and attachment coincide with the formation of the psychic skin. The primary skin function provides a psychic vessel that can hold the experiences of affective attunement, trust and secure attachment within which the infant can begin to symbolize and form coherent images of self and other, and engage in meaningful psyche to psyche reciprocal interactions that involve affective intersubjective dialogues between the infant and their attachment figures.

The speaker will present infant observation material as well as clinical case to demonstrate the theoretical concepts, as well as readings from my own publications as well as from Bowlby, Ainsworth, and Bick.

About the speaker

**Brian Feldman, Ph.D., Johns Hopkins, University of California @ Berkeley, Stanford
Clinical Psychologist (California)**

**Certified Child, Adolescent and Adult Jungian Psychoanalyst (CGJISF, IRSJA, IAAP)
Infant Observation Seminar Leader (AIDOB)**

Dr. Feldman is certified in child, adolescent and adult Jungian psychoanalysis and graduated from the C.G. Jung Institute of San Francisco. He obtained additional training at the Society of Analytical Psychology, London, where he trained in the developmental Jungian tradition with Michael Fordham and Judith Hubback. His experience in London led him to the intensive study of infant observation (Esther Bick Method), and the practice and study of Jungian child and adolescent analysis. For over ten years Dr. Feldman worked with Jungian child/adolescent analyst Mara Sidoli developing programs in infant observation and child, adolescent, and adult analysis in the U.S. and Europe which integrated the Jungian approach with attachment theory and the British school of object relations.

Dr. Feldman is a senior training analyst for the Inter-Regional Society of Jungian Analysts and a member of the Jung Institute of San Francisco. He is currently a visiting professor at the Institute of Psychology, State Academic University for Humanitarian Sciences (Russian Academy of Science) in Moscow, and a distinguished visiting professor at the Macao City University. He has been a visiting scholar in the the Departments of Psychiatry and Pediatrics, the University of Campinas, Sao Paulo, Brazil. Dr. Feldman has also served on the teaching faculties of the Northwest Center for Psychoanalysis and the Jung Center of Mexico City. He is a faculty member of the degree program in infant observation in the Faculty of Medicine at the University of Dakar, Senegal.

Dr. Feldman's research on infancy and attachment and its impact on development throughout the life cycle was honored by the Psychoanalytic Consortium of Washington, D.C. in 2013. He has published and lectured extensively in the U.S., Latin America, Europe, Africa, Australia, and Asia.

His published research is in the areas of infant observation; attachment theory; the development of intersubjectivity in infancy and in the analytical relationship, the psychic skin; organizational development; the impact of culture upon psychological/social/emotional development,; child, adolescent and adult Jungian psychoanalysis - with special interests in the areas of autistic spectrum disorders; identity, gender, and sexuality; eating and attention deficit disorders; and disorders of the skin.