

HKIAP Workshop

Encounters of the first kind;
initial meetings in
depth psychology

by Alexander Esterhuyzen

13 May 2023

HKT 14:00-18:00

Venue: Suite 720, Tower A, New Mandarin Plaza, 14 Science Museum Road, Tsim Sha Tsui East, HONG KONG

[Note: This is an in-person workshop. No virtual meeting is provided]

Fee: Member HK\$ 1,000

Non-member HK\$ 1,300

Registration:

<https://forms.gle/M5Vtw2W6AhQYU2am7>

Deadline for registration: 3 May 2023 (Wed)

You will be notified for payment after successful registration. All fees are non-refundable.

2-hour presentation and 2-hour workshop*
(*practising and discussing case formulation)

In this workshop, we will:

- Reflect on the significance, purpose and value of initial meetings and the information they bring to the therapeutic process.
- Consider the importance of attitude and the container necessary for safe, effective work with unconscious processes.
- Explore how to make a formulation of the client's difficulties and background and how such a formulation may facilitate or hinder our work.
- Study a sandplay case with reference to the above.

Participants are encouraged to bring a clinical case of their own to discuss and practise formulation.



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About the Lecturer:

Dr Alex Esterhuyzen is a Senior Jungian Analyst (IAAP) with the Independent Group of Analytical Psychologists in London and the Hong Kong Institute of Analytical Psychology. He is also a Sandplay Therapist and Teaching member of the International Society for Sandplay Therapy (ISST). He was ISST Vice President (Europe) from 2003 until 2011, and ISST President 2011-2019. He worked as a Consultant Psychiatrist specialized in Psychotherapy and was Honorary Senior Lecturer for the University of London at St. George's Hospital Medical School in London for many years. He is a visiting Professor at Kyoto University and has taught and supervised on many international projects in Psychotherapy, Analytical Psychology and in Sandplay Therapy. He is a professional member of the Psychoanalytic Section of the United Kingdom Council of Psychotherapy and a UKCP accredited Supervisor. He is currently in private practice in Kowloon, Hong Kong. (contact: depthpsych1@gmail.com)