

HKIAP Webinar

Fairy Tale webinar series

1. *Trust and Mistrust in Fairy tales*
2. *Becoming a medical doctor/psychotherapist*
3. *Legend of White Snake*



by Renate Daniel

On three Saturdays:

- 20 Jan 2024
- 2 Mar 2024
- 23 Mar 2024

HKT 15:00-20:00 [incl. 1-hour break]

Online via Zoom

2-hour lecture (HKT 15:00-17:00) and
2-hour seminar (HKT 18:00-20:00)

Fee: Member HK\$ 2200

Non-member HK\$ 3000

Deadline for registration: 5 Jan 2024 (Fri)

You will be notified for payment after successful registration. All fees are non-refundable

Registration link / QR code:

<https://forms.gle/ZvmsfdRXCgGmdVeY9>



香港分析心理學會
Hong Kong Institute of Analytical Psychology

Content:

Fairy tales describe archetypal patterns and thus collective unconscious processes that operate behind zeitgeist phenomena. They deepen our understanding of contemporary social phenomena.

Basically, every fairy tale contains an essential psychological message about fundamental human conflicts that have existed in all epochs and cultures, and which are relevant to us today and will remain so in the future. Because of this timelessness and internationality, fairy tales are a valuable resource when we are confronted with difficulties that were also experienced by our ancestors.

Fairy tales show us what it needs to overcome such difficult situations, but also how to fail and why.

1. Trust and Mistrust in Fairy tales [on 20 Jan 2024]

- The Sea Hare (Grimm 191)
- The Hare and The Hedgehog (Grimm 187)

Based on these two fairy tales we want to learn how our tendency to trust, but also to distrust, affects our ability to relate and how it influences the quality of our relationships.

A healthy balance between trust and mistrust can prevent loneliness but also prevent people from becoming victims.

2. Becoming a medical doctor /psychotherapist [on 2 Mar 2024]

- The Spirit in the bottle (Grimm 99)
- Godfather's death (Grimm 44)

Based on these two fairy tales we want to learn about the skills and inner attitudes we need to work as therapists.

What is the secret behind healing? Where are the risks? What limitations are we confronted with?

3. Legend of White Snake [on 23 Mar 2024]

This very old Chinese fairy tale is about individuation, the development of personality and the ability to love, which always includes confrontation with evil and opponents.

In this respect it is also about the archetypal mystery of good and evil, of life-enhancing and life-destroying energies.

About the Lecturer:



Renate Daniel, MD, studied medicine at the University of Heidelberg and specialized in the fields of psychiatry and psychotherapy. She is a Jungian analyst, teaching analyst/supervisor, former program director at the C.G. Jung Institute in Zurich and now member of the Curatorium. She also works as a specialist at the C.G. Jung Outpatient's Clinic in Zurich, and is a member of the Scientific Management Board of the International Society of Depth Psychology (IGT) and a member of the Scientific Advisory Board of the Lindau Psychotherapy Weeks (LPTW), held in Germany.