

RETREAT

Cheng Chau



13-16 APR 2025

Dream, Body Work

Body work and social dream matrix to start the day

Movie night & discussion

Group reflection on "The last dance"

Case presentation

Connect to clinical case of related cultural complex

Folktale reading

Dialogue with our ancestors through the classics

DEADLINE OF REGISTRATION

28 Feb 2025

Fee: HKD3500

Four days including meal

First come first serve

Max 12 participants

BOOK NOW

Enquiry:
hkiapinfo@gmail.com

<https://forms.gle/MYe9qjrvArvQ37D7>



香港分析心理學會
Hong Kong Institute of Analytical Psychology

HKIAP Spring retreat 2025

Breaking the Hell's gate:

Reflecting on Cultural unconscious responding to the needs of contemporary lives

This Spring residential retreat at Cheung Chau is a unique occasion on the HKIAP calendar when analysts, routers and members gather together in a relaxed setting to connect and ponder symbolic material from the unconscious. Presentations and discussions on a chosen theme alternate with relevant film, music, movements, expressive art etc., This is an opportunity for quiet reflection in the countryside. The “being with” the imagination in an unhurried way allows meaning to emerge is the essence of analytical work, and the retreat experience is therefore highly recommended to HKIAP members, especially for routers / members in the ongoing development of their work as analysts.

Dream work and body work in the mornings

The morning sessions will consist of body work and dream work. In the first morning, there will be an experiential session on body work. In the second and third mornings, we are going to have a social dream matrix by sharing our own dreams.

Movie night and script reading

We are planning to play excerpts of the movie “the Last Dance” and discuss that. We also plan to revisit some relevant ancient texts, including folktales and confucian classics from Qing period back to pre-Qin era (先秦).

Reflect in silence, grounded in senses, connect and creative through experience and art.

Throughout the 4 days, we have silent time for deeper reflection and grounded ourselves in our senses. We also cultivate a sense of connectedness and creation through various forms of experiential works and expressive arts.

Presentations and discussions

On day 2, we will discuss a clinical case bridging the discussion between movie and real life situation and reflect on cultural symbolism.

Note:

- The maximum number of participants is 12. First-come-first served.
- Single room accommodation is to be arranged as far as possible, but it is not a guarantee.

Registration

- <https://forms.gle/MYe9qjrvArvQ37D7>
- Deadline for registration: 28th Feb 2025
- You will be notified for payment after submission of the google form (See QR code / link below).
- Registration will be completed only when full payment has been received by HKIAP.
- The cost for the four days, including meals, is HKD \$3500.
- All fees are non-refundable.
- An official receipt will be issued upon request.
- Enquiry: hkiapinfo@gmail.com