

HKIAP LECTURE & SEMINAR SERIES

An Inclusive Therapeutic Model combining Individual and Systemic Approach for the Bereavement and the Life Adjustment of the Adolescents



An In-person Seminar by Adelina Wei-Kwan Wong

28 June 2025
HKT 14:00 - 18:00

Venue:

1/F, Chi Wo Comm. Building,
20 Saigon Street
Yau Ma Tei, Kowloon
九龍油麻地西貢街20號志和商業大廈一樓

Fees: #

Members: \$1200

Non-members: \$ 1500

Language: English

Registration:

<https://forms.gle/BwWsr3giPcnhpQa76>

#Deadline: 20 June 2025

#All fees are non-refundable

**#You will be notified for payment after
successful registration**



Membership Application



Registration



香港分析心理學會
Hong Kong Institute of Analytical Psychology



ABOUT THE SEMINAR

This presentation proposes an Inclusive Therapeutic Model that combines the individual sandplay therapy and the systemic approach to the parents to deal with the presenting symptoms in adolescents. Through examining a clinical case, the speaker will demonstrate how the in-depth psychological symbolic messages of the adolescents may be represented via sandplay therapy, while at the same time, she will highlight the importance of the family as an anchor for the adolescents' inner healing and their life adjustment via systemic therapy. Mia brought her two step-sons, Nick, age 10, and Pablo, age 8, to receive Jungian sandplay therapy for their bereavement of the suicidal death of their biological mother. The therapist concurrently counselled Mia and her husband V for parenting skills, especially for Mia who had suddenly transited from a single woman to a mother with two adolescent boys. Based on the symbolic message of play and the sandpictures from Nick and Pablo, the therapist decided to shift from the individual sandplay therapy and to focus on the couple counselling. Throughout the 8 years of counselling Mia and V, with an aim to consolidate their re-constituted family, their sons, Nick and Pablo, not only went through different phases of their bereavement, but also blossomed into their adulthood.

About the speaker

Adelina has a great interest to learn of her existence as a human being. She began her career in Physical Therapy to explore the kinetic mechanism of healing by serving as a registered Physical Therapist in hospitals in Hong Kong. Adelina continued to explore how the family dynamics influenced one's psychological being through further studies in Family Therapy. She has been a Marriage and Family Therapist since 1986, and an Approved Supervisor of American Association of Marriage and Family Therapy (AAMFT) in the 90's. Because of the crisis of her personal life, Adelina continued to explore her psyche through spiritual healing in Catholic Jesuit retreat, Sandplay Therapy, and Jungian Analysis. She became a Certified Sandplay Therapist in 2010 and a Sandplay teacher of International Society of Sandplay Therapy (ISST) in 2015. In the following year, Adelina was certified as a Jungian Analyst of the International Association of Analytical Psychology (IAAP). All the clinical works enriched her inquisitive search of the wholistic human existence: body, mind, psyche, and spirit. Besides her private practice, Adelina worked in bereavement agencies for over 20 years. She has given presentations in various conferences, and taught Sandplay Therapy and Jungian Psychology in Hong Kong, Malaysia and Indonesia.