香港分析心理學會

Hong Kong Institute of Analytical Psychology

TRAINING HANDBOOK

(October 2026)

Table of Contents

I. GENERAL INTRODUCTION TO THE TRAINING PROGRAM 1

II. REQUIREMENTS FOR APPLICATION 1

III. ADMISSION PROCEDURE 2

IV. FORMAL ASPECTS OF THE TRAINING PROGRAM 3

1. THREE COMMITTEES 3
2. TRAINING CURRICULUM AND DURATION OF THE PROGRAM 3
3. FORMS OF LEARNING AND METHODS OF TEACHING 4
4. ATTENDANCE REQUIREMENTS 4
5. STAGES OF THE TRAINING PROGRAM 4
6. POTENTIAL TRAINING PROGRAM INSTRUCTORS 5
7. TRANSITION FROM THE ROUTER PROGRAM TO HKIAP TRAINING PROGRAM 6
8. LEAVE OF ABSENCE 6
9. SUSPENSION OF THE TRAINEE/CANDIDATE 7

V. PERSONAL ANALYSIS 7

VI. REQUIREMENTS REGARDING CANDIDATES SEEING PATIENTS UNDER SUPERVISION 8

VII. INDIVIDUAL AND GROUP SUPERVISIONS 8

VIII. GRADUATION 9

IX. TRAINING FEES 10

X. TRAINING COMPLAINTS PROCEDURE 10

XI. CODE OF ETHICS 10

SUMMARY OF TRAINING STAGES 11

I. General introduction to the training program

The Training Program of the HKIAP is a post-graduate program which offers training in Analytical Psychology to professionals in mental health and allied fields who hold a recognized accreditation in mental health with clinical experience in Hong Kong SAR or from other countries.

Training takes place in Hong Kong or online throughout the year.

Areas of study include theoretical foundations of Analytical Psychology, archetypal materials and the practice of Jungian analysis. Candidates are required to be in personal analysis and supervision throughout their training with a Jungian analyst certified by IAAP meeting the requirement under section V and VII respectively.

Graduates of the HKIAP Training Program receive a certificate in Analytical Psychology. A graduate is eligible to apply for Analyst membership in the HKIAP, and then the membership in the International Association for Analytical Psychology (IAAP).

Graduation from the HKIAP does not provide the legal right to practice psychoanalysis or psychotherapy. Candidates after graduation have the personal and ethical responsibility to acquire legal status in the province or state in which he or she practices.

II. Requirements for application

1. Hold a master's degree (or equivalent) or a doctoral degree from a program in psychiatry, clinical psychology, social work, psychotherapy, psychological counselling, marriage and family therapy, or related fields; or medical doctors with specialization in psychiatry, which is recognized by a regional or national accreditation body in that country; AND
2. Have completed an approved training which would include both theoretical courses in mental health/ psychotherapy/ psychological counselling and approved, supervised clinical work experience; AND
3. Registered with a recognized mental health professional body in Hong Kong or in the province or state in which he or she practices. AND
4. Have completed at least 1,000 hours of approved, supervised clinical practice in the fields of mental health/ psychotherapy/psychological counselling; AND
5. Currently active in clinical practice for no less than three years.

III. Admission procedure

The Admission and Review Committee considers the following criteria in determining applicant's suitability for admission to the training program:

1. Personal analysis: The applicant must have completed at least 50 sessions (45 to 60 minutes each) of personal Jungian analysis with an IAAP analyst and present a certificate from the applicant's analyst of analytic sessions. The analyst should specify the total number of sessions that were face-to-face and/or by telecommunication conducted prior to the application.
2. Curriculum Vitae (CV) and autobiography: CV should include academic background, professional training, and clinical experience in psychotherapy.
3. A 10-page written personal statement, explaining the reasons for applying the training and to become an analyst, including personal awareness and reflection. Name of two referees should be submitted.
4. HKIAP training application form, together with a recent colour passport size photo.

Once the application is approved, the applicant must attend one joint screening interview with two assigned members of the Admission and Review Committee and one member from IAAP.

Applications are welcomed throughout the year and will be processed within 1 month of receipt. An application fee will be charged.

Retake of the screening interview

If an applicant has failed the Screening Interview he or she can apply for a retake. The application procedure will be the same as already described. At least one of the interviewers at a retake must not have done the previous screening interview(s).

IV. Formal aspects of the training program

1. Three committees

Admission and Review Committee

- To advise, mentor and support the accepted applicant's training from admission to graduation.
- Composed of one chair and at least two other members, who are HKIAP analysts.

Training Committee

- To prepare and review the training curriculum and training process.
- Composed of one chair and at least one other member, who are HKIAP analysts.

Ethics Committee

- To handle matters relating to Code of Ethics, complaints and appeals.
- Composed of one chair and at least one other member, whom are HKIAP analysts.

2. Training curriculum and duration of the program

The curriculum includes the study of theories and practices of Analytical Psychology. The teaching medium will be in English. Below is the curriculum summary:

(a) Fundamentals of Analytical Psychology
(b) Comparative Developmental Psychology
(c) Depth Psychological Understanding of Dreams and Pictures
(d) Depth Psychological Understanding of Myths and Fairy Tales
(e) Fundamentals and Clinical Psychiatry, Diagnosis and Psychopathology
(f) Psychodynamic Concepts of Mental Disorders
(g) The Individuation Process and Its Symbols
(h) Practice of Jungian Analysis in Hong Kong regarding culture, local religion, and ethnological studies

The training program requires a minimum of 300 course hours organized by HKIAP and/or other IAAP Group members for graduation and the minimum length of training is four years. The above curriculum planning and evaluation standards will be reviewed every three to five years.

3. Forms of learning and methods of teaching

Including:

(a) Personal analysis over the course of training

(b) Theoretical/Clinical lectures and seminars

(c) Case conferences, group supervision and individual supervision

(d) Process groups on specific analytical topics

(e) Writing and/or presenting theoretical and clinical papers*

*Artificial Intelligence (AI) can be used for two purposes only:
1. Checking spelling and grammar, for example by using Grammarly www.grammarly.com.
2. Finding relevant papers and literature. Scholars also use www.researchrabbit.ai to keep up to date on new publications in your field of enquiry.

For the exam papers, generative AI must not be used to generate content for ethical reasons. Candidates are fully responsible to verify the sources of the references.

4. Attendance requirements

Attendance at lectures and seminars can be online or in-person.

Individual supervision (minimum 90 sessions, with 45 to 60 minutes each, online or in person) must be done with qualified IAAP analysts, out of which at least 50% with HKIAP analysts. Please refer to Section VII for more details.

Group supervision (minimum 30 sessions presenting at least 2 different cases, with 90 minutes each, at least 50% face-to-face and the rest can be online) must be done with qualified IAAP analysts, out of which at least 50% with HKIAP analysts. Please refer to Section VII for more details.

5. Stages of the training program

A. Training encompasses two stages:

(a) The first stage: TRAINEE. Starts with admission and ends with the intermediate examination. During this stage the students are considered as Trainees. The objective of this stage is to familiarize trainees with the theoretical knowledge that prepares them for their therapeutic practice.

(b) The second stage: CANDIDATE. Begins with passing of intermediate examination and approval by the Admission and Review Committee. Trainees are then promoted to candidacy.

Throughout the training program, trainees/candidates have to submit yearly self-evaluations to the Admission and Review Committee.

B. Criteria for advancement to Candidacy:

(a) At least two years of training under the training program is required before applying for the Candidacy.
(b) A minimum of 150 sessions (45 to 60 minutes each, in addition to the 50 sessions completed before joining the training program) of personal analysis with an HKIAP Training Analyst or IAAP analyst accredited by HKIAP.
(c) Fulfilled the required course attendance of at least 100 course hours organized by HKIAP or other IAAP Group members, of which 50 course hours must be fulfilled by attending HKIAP trainings or Analytical trainings taught by local analysts.
(d) Passed the intermediate examination (5000 words paper on Jungian concepts with clinical and symbolic applications, and an oral examination on the paper). If failed, a resit may be considered.

C. Course criteria during Candidacy

It is required to attend at least 200 course hours, of which 75 course hours must be fulfilled by attending HKIAP trainings or Analytical trainings taught by local analysts.

6. Potential training program instructors

- IAAP analysts
- Speakers invited by the HKIAP who are specialized in topics relevant to Analytical Psychology

7. Transition from the Router program to HKIAP training program

Once HKIAP becomes IAAP Group member with training status, all registered routers of HKIAP will have the right to continue their training in the Router program for another 3 years. For those who would like to switch to the new training program - but have not yet passed the intermediate examination of the Router program - will continue as Trainees under the HKIAP training program. For those who have passed the intermediate examination can continue as Candidates. All personal analysis sessions, individual and group supervisions hours can be transferred from the Router program to the HKIAP training program.

The Router program will cease on 30th June 2028, which is 3 years after HKIAP became an IAAP Group Member with training status. By the end of this date, all routers who have not yet passed the intermediate exam or final exam of the Router program will be automatically assigned as Trainees or Candidates respectively.

8. Leave of Absence

A trainee/candidate may apply for Leave of Absence:

- If the trainee/candidate, for personal reasons, is unable to maintain his or her training and/or clinical work, he or she may apply for Leave of Absence.
- If the trainee/candidate moves temporarily to another country and because of this is unable to follow the HKIAP training program (seminars, group supervision etc.), he or she may apply for Leave of Absence.

Application for Leave of Absence must be sent to the Admission and Review Committee for approval.

Leave of Absence is generally granted for one year. Request for further extension will be reviewed on a yearly basis.

A trainee/candidate who takes leave of absence will need to pay a fee for Leave of Absence.

9. Suspension of the Trainee / Candidate

A trainee/candidate may be suspended in any of the following cases:

- If he or she does not submit the yearly self-evaluation.
- If he or she has not paid the dues.
- If he or she has stopped seeing patients for at least a year.
- If he or she has stopped the personal analysis and not started a new analysis within 6 months.
- If he or she has breached the HKIAP Code of Ethics.

Suspension decision will be finalized by the Admission and Review Committee.

V. Personal Analysis

Trainees/Candidates are required to continue in personal analysis throughout the training at regular interval with an HKIAP Training Analyst or IAAP analyst accredited by HKIAP. These Analysts are required to have at least 3 years of practicing experience after becoming a provisional or full member of IAAP. This requirement will be revised to at least 5 years of practicing experience after becoming a provisional or full member of IAAP by 2028. At least 350 sessions (45 to 60 minutes each) of personal analysis are required, at least 50% of the analytic hours should be face-to-face (exceptions to the requirement of 50% face-to-face analysis will be considered for registered Routers under HKIAP). Trainees/Candidates need to provide their Training Analyst(s) with the confirmation forms which verifies the length and date of the analytic hours. The Training Analyst(s), as well as the trainees/candidates should keep a record of their analytical sessions. Overlapping analysts, i.e. seeing more than one Training Analysts at the same period of time, is not permitted.

To protect the privacy of the analytic relationship, the Trainee/Candidate's Training Analyst(s) are excluded from all evaluative aspects of the Trainee/Candidate's training. The Training analyst(s) shall have no input into an applicant's application to the training program other than to report the number of analytical hours. The Training Analyst(s) cannot function as individual supervisors of their analysands. In addition, the Training Analyst(s) may not make recommendations regarding the vote or the decisions of committees in relation to (nor involving in any discussions) the trainees/candidates who are their analysands.

An analyst-analysand relationship is an ongoing analytic relationship of some duration. A single or preliminary consultation does not necessarily establish an analytic relationship that would preclude the analyst from participating in training decisions.

VI. Requirements regarding candidates seeing patients under supervision

Candidates are required to complete at least 300 sessions (45 to 60 minutes each) of clinical work comprising of registered training cases. Cases must be formally registered after passing the intermediate exam. All case work must be documented (hours and frequency of attendance, hours of supervision, date of registration, ongoing or ending date). Candidates need to submit individual and group supervision forms at the end of each year. Cases that last less than 20 sessions are not to be counted but are nevertheless be registered and supervised. A minimum of two cases, each case over 80 sessions and each one lasting over a two-year period can be counted. Face-to-face case work is preferred and is considered a priority. A minimum of 20 hours for each supervisor is required.

Trainees (before taking the intermediate exam) can see clients under supervision but only 40 sessions (45 to 60 minutes each) can be counted towards the total hours of clinical work.

However, routers who have kept their supervisor-approved clinical records from the time they were first accepted as routers can transfer these hours towards the required 300 sessions of clinical work. If they have kept records matching supervision hours to particular cases, these hours can be carried over into the HKIAP training program. If those cases involve more than one supervisor, a minimum of 20 hours for each supervisor is required.

VII. Individual and group supervisions

Criteria for individual and group supervisors: IAAP membership with 5 years of practicing experience after becoming a provisional or full member of IAAP. The individual supervisor cannot be the Analyst of the Trainee/Candidate.

Trainees/Candidates are required to complete at least 120 sessions of supervision with qualified supervisors to graduate. At least 90 of which should be individual supervision sessions (45 to 60 minutes each, online or in person) and at least 30 sessions, presenting a minimum of 2 different cases (90 minutes each, at least 50% face-to-face and the rest can be online) of group supervision sessions. No more than 20 individual supervision sessions can be counted during the Stage of Trainee. However, if routers have kept records matching supervision hours to particular cases, these hours can be carried over into the HKIAP training program. If those cases involve more than one supervisor, a minimum of 20 hours for each supervisor is required.

At least 50% of the individual sessions and at least 50% of the group sessions must be done with supervisors who are HKIAP analysts. The rest of the hours can be completed by IAAP Analysts accepted by HKIAP.

Candidates need to get individual supervisors' approval that the case has been conducted to a satisfactory standard for all registered cases before applying for final examinations.

VIII. Graduation

In addition to the requirements on course hours, personal analysis, clinical work, individual supervision, and group supervision as listed out in Sections IV. 2, V to VII above:

1. Candidates need to submit all registered short and long case reports. Short case report is suggested to have approximately 500 to 1000 words. Long case report should have a minimum of 8000 but not more than 10000 words.

2. Candidates need to submit 2 long case reports, and one of them will be chosen for case examination.

3. Candidates are required to complete a thesis of between 10,000 and 15,000 words. This demonstrates the student's capacity for reflecting in depth on their own work within the context of analytical psychology. Upon presentation of the Candidates' thesis and related case to the HKIAP examiners for discussion and examination, they will be assessed as either "passed" or "not passed".

IX. Training Fees

Including the following:

- Admission fee
- Annual administration fee
- Individual program fee
- Examination fee
- Intermediate review fee (for progression from trainee to candidate)
- Appeal fee (if applicable)
- Leave of absence fee (if applicable)

X. Training complaints procedure

Trainees/Candidates can summit the complaints in writing to the Training Committee.

XI. Code of Ethics:

Trainees / Candidates are obliged to accept and follow the HKIAP Code of Ethics. In the case of a complaint concerning the ethical (mis)conduct leading to a breach of the code by a Trainee/Candidate, the procedure laid out in the HKIAP Code of Ethics will be followed.

Trainees / Candidates cannot refer to themselves as Jungian Analysts or Psychoanalysts until they have completed all the training requirements and have graduated.

For registered cases, Trainees / Candidates have to specify themselves as HKIAP Trainees / Candidates under supervision

This Training Handbook is subject to review periodically by the HKIAP Training Committee.

Summary of Training Stages

[Section number to the Handbook]

Training Stages	Requirements	Evaluations
Admission [III]	1. Personal analysis of at least 50 sessions (45 to 60 minutes each) 2. Curriculum Vitae (CV) 3. Personal statement (10 pages) 4. HKIAP training application form	Interviewed by the Admission and Review Committee
Trainee to Candidate [IV. 5B]	1. At least two years of training under the HKIAP training program 2. Complete a minimum of 150 sessions (45 to 60 minutes each) of personal analysis 3. Complete at least 100 course hours (of which 50 course hours must be fulfilled by attending HKIAP trainings taught by local analysts) 4. A 5000-word paper on Jungian concepts with clinical and symbolic applications	1. Submit yearly self-evaluations to the Admission and Review Committee [IV. 5A] 2. Pass the intermediate examination 3. Approved by Admission & Review Committee for advancement
Graduation [VIII]	1. At least four years of training under the training program [IV. 2] 2. Complete 300 course hours [IV. 2] 3. Complete at least 350 sessions (45 to 60 minutes each) of personal analysis. At least 50% of the analytic hours should be face-to-face. [V] 4. Complete at least 300 sessions (45 to 60 minutes each) of clinical work, of which at most 40 sessions can be counted during Trainee stage. [VI] 5. Complete at least 120 sessions of individual and group supervisions. At least 90 sessions of individual supervision (45 to 60 minutes each) and out of which only 20 sessions can be counted during trainee stage, and at least 30 sessions (90 minutes each) of group supervisions as candidate. At least 50% of individual and group sessions must be done with supervisors who are HKIAP analysts. [VII] 6. 2 long case reports last for at least 80 session and 2 years. The long case	1. Submit yearly self-evaluations to the Admission and Review Committee [IV. 5A] 2. Individual supervisors' approval of standards for all registered cases being supervised [VII] 3. One of the long case reports will be chosen for case examination [VII] 4. Pass the final examination 5. Approved by Admission & Review Committee for graduation.

	report should have a minimum of 8000 but not more than 10,000 words. [VIII] 7. Short case reports for registered cases (except the 2 for long cases). Short case report is suggested to have 500 to 1000 words. [VIII] 8. A thesis of between 10,000 and 15,000 words. [VIII]	